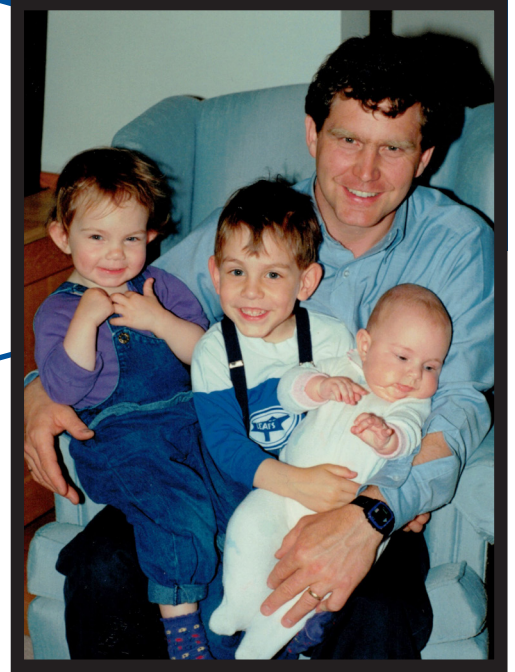




“Something needed to change. I knew I was letting my family down.”

- Randy



Dear Serenity Renewal For Families Supporter,

I have been involved with Serenity Renewal for Families for over 20 years and it is thanks to donors like you that they have been able to operate for all these years. You have made a difference in my families' life. Thank you!

When I came to Serenity Renewal for Families, it was because I was hurting so much inside and I desperately wanted to make the pain go away. Previously, I would use alcohol and drugs to medicate that pain, but I knew that it was a bad choice. Serenity Renewal was not only a place to stop me from using, but I found a place that taught me how to live. My recovery story starts 23 years ago; married with three young children all under the age of ten. I was not fulfilling my responsibilities in my job, my personal finances were a disaster, and I was unavailable to my family because I was using alcohol and drugs every day. **Something needed to change. I knew I was letting my family down.**

After an initial meeting with Sister Louise, I spent a couple of sessions with Wally, an amazing counsellor and he was extremely patient to a point. But then in session 3 or 4, he said... “Randy, the problem is you are a drunk.” The frankness shocked me, but it also motivated me. **At that point, I began my incredible journey of recovery.**

If I had not found recovery, what would my health be like? If Serenity Renewal for Families wasn't there, where would I be today? What would my relationship be with my kids? I know I would be in a much worse place.

Please consider supporting Serenity Renewal for Families to help ensure everybody can access the services they offer. They have never had government funding and have never turned anyone away. They have a guaranteed access policy which means whoever needs the support receives it free of charge. It is through public donations that they can make sure everyone in a family receives the support they need through access to counselling and workshops.

Unfortunately addictive behaviours often move from one generation to the next. A few years ago...



Yes! I would like to support people like Randy!

Here is my gift of: ☐ \$40 ☐ \$100 ☐ \$250
☐ \$500 ☐ Other \$ _____

Name: _____

Address: _____

Signature: _____

Payment Method: ☐  ☐  ☐  ☐ Cheque

Credit Card #: _____ Expiry: _____

Email: _____ Tel: _____

ONE-TIME GIFT

OTHER WAYS TO GIVE

You can also donate online at:
serenityrenewal.ca

or by calling:
613-523-5143

Charitable Registration N°:
11914-5787-RR0001

☐ I would like more information about leaving a gift in my will.



my youngest daughter came home from University and told us she was in trouble with drugs. Molly admitted to being a very angry person. She didn't trust anyone and was very isolated. She couldn't live day to day... to be happy, joyous and free.

I felt that I could help her if I could emulate the compassion, the empathy and the support I received at Serenity Renewal. She was able to come in and see Wally, and in his regular non-judgmental listening approach, she felt she could say anything and share her inner-thoughts and fears. She

felt comfortable as soon as she came in the doors at Serenity thanks to the volunteers and staff. Now she is quite happy, has a job, a good relationship, is going to school and has a much better relationship with the family. She is a rock in our family.

Molly and I still come to workshops to look after ourselves. They help us stay focused on staying healthy both in mind and spirit. We learn from others in the room and support them by sharing pieces of our journey. We always walk away with a small nugget of information or a new tool or technique which helps us face our next challenge. The workshops have included communication, acceptance, anger and resentment among others. Without Serenity Renewal my family wouldn't have had those opportunities.

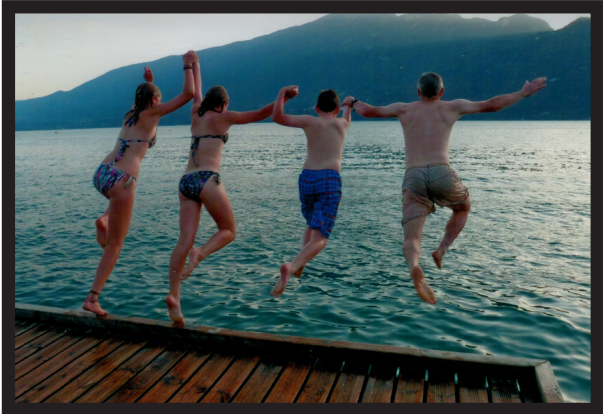
I came into recovery over 20 years ago and I know I will have to continue to work at my recovery every day. Serenity Renewal for Families has changed our lives and we hope you will support them with a donation so they can continue to help others; our children and grandchildren.

All of our family members have participated in the workshops and counselling offered at Serenity Renewal for Families. The organization not only offers important long term resources, it is also flexible enough to help in the moment. Thank you for helping Serenity Renewal for Families support even more people in our community!

Sincerely,

Randy

Randy, Serenity Renewal Client, Husband and Father



P.S. Thanks to a generous donor, all gifts until we reach **\$10,000 will be matched** to allow us to be ready to meet the increased needs of our vulnerable clients when our operations are up and running again after COVID-19. In the meantime, stay safe! Their support requirements will be even higher. **Please make your gift today, by mail, on-line at www.serenityrenewal.ca or if you prefer, call 613-784-9754 to donate by credit card over the phone.**

MONTHLY GIFT

WHY GIVE MONTHLY?

Donating each month:

- Provides ongoing support to families impacted by addiction.
- Reduces Serenity Renewal for Families' costs on mail, paper and processing.
- Is easier for you with no cheques to write, no postage costs and is easy to cancel or temporarily suspend.

☒ **Yes! I want to give monthly to support SRF year-round.**

Here is my monthly donation of \$_____ / month. I authorize Serenity Renewal for Families to charge my monthly donation to my credit card on the ☐ first of the month or the ☐ 15th of the month.

Name/Tel: _____

Address/Email: _____

Signature: _____

Payment Method: ☐  ☐  ☐ 

Credit Card #: _____ Expiry: _____